

Table 4.7: Pinch Strength¹

Test Performance	Total (N=1002)	Age Group			Disability Level		
		65-74 (N=388)	75-84 (N=311)	85+ (N=303)	Moderate ² (N=343)	ADL Difficulty	
						Receives No Help (N=478)	Receives Help (N=181)
Unable to do (%)	0.5	0.5	0.3	0.7	0.1	0.6	0.6
Pinch strength (kg) ³							
Mean	5.0	5.3	4.7	4.3	5.2	4.9	4.4
5th percentile	3	3	3	3	3	3	2
25th percentile	4	4	4	4	4	4	3
50th percentile	5	5	5	4	5	5	4
75th percentile	6	6	5	5	6	6	5
95th percentile	7	8	7	6	8	7	7

(Women's Health and Aging Study, physical assessment, 1992-1995)

¹ Descriptive statistics are based on weighted data.

² No ADL difficulty; disabled in two or more domains (see Chapter 1).

³ The best measure of two attempts, one left and one right.